

Immunisation shots

Booming Brazil participants are individually responsible for proper measures against foreign diseases. Since vaccinations need time to work out, we suggest you to arrange your shots as soon as possible, and in any case, before the end of April! We advise you to visit a professional organisation that creates the “vaccination package” you need for our stay in Brazil. To give you a head start when visiting a consult, we supply a short summary with relevant information.

Organisations

There are a lot of organisations offering vaccination consults. The study tour committee advises you to visit one of the following institutions:

- GGD Twente. *Nijverheidstraat 30, Enschede*
- Campus UT Huisartsenpraktijk. *Campuslaan 99, Enschede*
- The Travel Clinic dept. of Havenziekenhuis Rotterdam specialised in Tropical diseases. *Haringvliet 72, Rotterdam*
- Travel Health Clinic International. *Geerdinksweg 139-77, Hengelo*

Consults and vaccines

The type of vaccinations needed depends on personal circumstances. It depends, for example, on your medical history and travel plans. It is, therefore, not possible to arrange a collective consult and vaccination procedure. In this section, I will shortly discuss the vaccines you might need.

Mandatory

The Brazilian legislation does not oblige specific vaccination shots for people who enter the country. Here is one exception: people whom visited a *yellow fever* country in a period of 3 months before entering the country should have had an immunization shot against this disease. Independent of this, I strongly advise you to immunize for yellow fever anyway.

Recommended

Further, most organizations advice to get the *DTP* (diphtheria, tetanus, and pertussis) and *hepatitis A* vaccine. Besides, it is very likely that our trip passes unpopulated, tropical areas. This means that *malaria* prevention is necessary as well. One can use anti malaria pills for this purpose. For greater security I'd like to mention that when you intent to stay longer than 3 months you will need additional vaccines. Finally, I'd like to stress that the study tour committee is not responsible for the arrangement of the individual immunization shots.

Further health risks

Traveling in Brazil brings along the following additional health risks: traveler's diarrhea, dengue, schistosomiasis, and filariasis. Please contact an expert and discuss what precautions you can personally take to prevent getting these diseases.



Figure 1- Dutch malariamap of Brazil

We created the information in this section on February 10th of 2010 using the sources: www.vaccinatiesopreis.nl/inenting-en-brazilie and www.travelhealthclinic.com/216/brazilie.htm.

Price comparison overview

Finally, I compared the prices of the three institutions mentioned in the first section. You can find them in the table below. Please be aware of the fact that vaccination costs can oftentimes partly be declared at your health insurance.

Reduced price session

We can arrange a special, reduced price, vaccination session for the participants whose vaccinations are not declarable at their insurance. If you would like to use this offer, please contact Léon before April 16th.

This list does not contain all vaccines needed. It might not include all vaccines that you might need for your stay. The ones you need can consist of more or perhaps even fewer vaccines than given here.

	GGD Twente	Campus UT Huisartsenpraktijk	Havenziekenhuis R'dam	Travel Health Clinic
First Consult	€ 22,90	€ 24,80	€ 12,50	€ 19,95
Yellow fever	€ 34,30	€ 22,00	€ 35,00	€ 30,50
DTP vaccine	€ 17,20	€ 17,05	€ 20,80	€ 19,50
Hepatitis A	2* € 50,40	2* € 40,05	2* € 39,00	2* € 49,50
Malaria receipt*	€ 11,40	€ 7,50	€ 6,25	-
Customs statement	€ 2,70	€ 5,00	€ 2,50	€ 6,00

* only consult with receipt, pills can be bought in a drug store.

I'd like to conclude emphasizing that the Booming Brazil study tour committee is not responsible for the individual immunization shots. Please arrange your immunization shots in time and with care.

It is your own responsibility to be prepared in time!

If you have questions, please contact me personally or by mail: travel@boomingbrazil.nl

Léon